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# CLAREMONT POLICE DEPARTMENT TRAINING

## FIRST AID AND CPR

FIRST AID, CPR AND AUTOMATED EXTERNAL DEFIBRILLATOR (AED):

ALL Claremont Police Department Police Officers and Jailers complete 8 hours every two years of the below training. Legal - Officer Safety first, always. By law, you are not required to render care when a reasonable danger exists. You are protected as long as you act within your scope of training, in good faith, and provide a standard of care within your training and agency policy. Expressed consent v. implied consent (i.e. unconscious).

TRAINING OUTLINE - PRACTICAL TESTING AND/OR KEY POINTS FOR DISCUSSION

FIRST AID TOPICS:

PPE's and BSI – Consider two sets of nitrile gloves (i.e. Fentanyl) / carry hand sanitizer. Discuss handling of substance believed to be Fentanyl or it is unknown but highly suspected. Narcan locations and treatment (use practice doses).

Basic Examination and Assessment (demonstrate) – Primary assessment / ABC's (LOC + rapid methodical head to toe for major bleeding)

Bleeding Control – Direct pressure, Tourniquet, and then hemostatic dressing with pressure dressing.

OBSTRUCTED AIRWAY (demonstrate):

Adult Conscious (implied and expressed consent) - Heimlich maneuver (chest thrusts on pregnant female)

Infant Conscious

CPR (demonstrate):

1 rescuer / 2 rescuer

Infant (0-1 years old), child (1-13 years old)

Discuss head position and hand placement

First officer doing CPR, second officer arrives and should attach the AED

MISC. SCENARIOS:

Emergency Childbirth Treatment for shock

Sucking chest wound

Fractures and Splinting

Burns – heat, electricity, chemicals, radiation

Heart Attacks and Strokes

Diabetes – Position of comfort and oral glucose (i.e. orange juice)

Seizures

Heat and Cold Emergencies

Lacerations/Incisions/Avulsions

Drug Overdoses

Bites/Stings

Toxic Substances

AED TRAINING (demonstrate):

Infant/child pads - Under 8 years old or 25 KG

Walk through scenarios (stop CPR when analyzing, pads front and back if surface area is too small, etc.)

Clean AEDs with disinfecting wipes