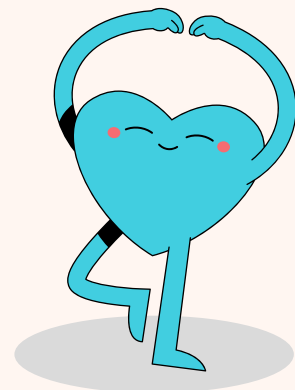


TEEN COMMITTEE AND THE YOUTH ACTIVITY CENTER PRESENTS:



# WELLNESS WEEK

1/24-  
1/31



JOIN US AT THE YAC (1717 N INDIAN HILL BLVD.) FOR WELLNESS WEEK!  
UNWIND FROM FINALS WITH HELPFUL ACTIVITIES FROM ANIMAL  
THERAPY TO YOGA AND MANY OTHER EXCITING WORKSHOPS! FOR MORE  
INFORMATION, PLEASE CONTACT (909)399-5491.

FRIDAY 1/24 10:45AM-3:30PM

COMFORT WITH CATS



MONDAY 1/27 5:00-6:00PM

FAFSA WORKSHOP WITH  
HARVEY MUDD



TUESDAY 1/28 3:45-4:45PM

BEGINNING YOGA CLASS  
WITH YAC STAFF



WEDNESDAY 1/29 2:45-5:00PM

MULTI-CULTURAL  
WORKSHOP

THURSDAY 1/30 3:45-5:00PM

THERAPY DOGS

FRIDAY 1/31 3:45-5:00PM

DINNER AT THE YAC! -  
SANDWICH BAR & HOT COCOA

